

## Curriculum Vitae

### Dr. Manju Choudhary

Assistant Professor

Department of Home Science

University of Rajasthan, Jaipur. 302004

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### Fields of Research Interest

Development, Development Communication, Livelihood Analysis, Impact assessment, Maternal and Child Nutrition, Infant and Young Child Nutrition (IYCN), Adolescent Health & Nutrition, Nutrition Security, Menstruation & Menstrual Hygiene Management, Urbanization, Social Inclusion, Gender studies, Intersection of Artificial Intelligence (AI) and Nutrition, Climate change & Women

### Education

Qualification	Year of award	Subject	University	Grade and awards
Ph.D. (Home Science Extension and Communication Management)	2024	Extension Education and Communication Management	Maharana Pratap University of Agriculture and Technology, Udaipur, Rajasthan, India	8.67/10
M.Sc. (Home Science Extension and Communication Management)	2007	Extension Education and Communication Management	Maharana Pratap University of Agriculture and Technology, Udaipur, Rajasthan, India	8.32/10
B.Sc. (Home Science)	2005	Home Science	Acharya NG Ranga Agricultural University, Hyderabad	8.23/10

### Research Experience:

**PhD Thesis:** Development of Information Package on Value-addition of Mango for Rural Women

**MSc Thesis:** Information Empowerment of Rural Adolescent Girls in the area of Nutrition

### Work Experience

#### Teaching Experience:

- **Assistant Professor (1<sup>st</sup> February, 2014--to till date)**, Department of Home Science, University of Rajasthan, Jaipur, India

#### Other

- Subject Matter Specialist, Krishi Vigyan Kendra, Kuchh, Bhuj, (Central Arid Zone Research Institute, Jodhpur), (24.05.2013 to 31.01.2014)
- Sr. Executive – Clinical Nutrition, Ameravite Healthcare Pvt. Ltd., Jaipur, (Sept. 2008 to November 2010)
- Development Apprentice, PRADAN (Professional Assistance for Development Action) (July 2007 to April 2008)

#### List of Publications:

1. Tina., **Choudhary, M.**, and Kachhawa, K. 2025. “Improving Menstrual Health Literacy: Effectiveness of an Educational Intervention Among Rural Adolescent Girls”. Journal of Scientific Research and Reports 31 (5):919-27. <https://doi.org/10.9734/jsrr/2025/v31i53087>
2. **Choudhary, M.**, Upadhyay, R., and Solanki, D. 2025. “Development of Participatory Training Module on Value-Addition of Mango: Empowering Rural Women towards Sustainable Livelihoods”. Asian Journal of Advanced Research and Reports 19 (5):1-8. <https://doi.org/10.9734/ajarr/2025/v19i5997>
3. **Manju**, Kachhawa K., Jain S., Kumar A.M. and Gupta M. (2023) Effect of Nutritional Training on Adolescent Girls Understanding of Balanced Diet. *GAU Research Journal* **48** (4): 351-356.
4. Kachhawa K., Lakhawat S. & **Manju** (2023) Use of Sensory Evaluation as a Tool for Determining Supplementation Dose of *Jungle Jalebi (Pithecellobium dulce)* Fruit Powder (JJFP) to Type-2 Diabetic Patients. *GAU Research Journal* **48** (1): 64-70.
5. **Manju** and Gupta, M. (2023). Impact of nutrition education on the knowledge of adolescent girls regarding nutrition during pregnancy and lactation. *Sustainability, Agri, Food and Environmental Research*, 13. <https://doi.org/10.7770/safer-V13N1-art557>

6. **Manju**, Upadhyay, R., & Solanki, D. (January, 2023). Development of multimedia CD on value-addition of mango. *Gujarat Agricultural Universities Journal*, 48(1), 95-100
7. **Manju**, Upadhyay, R., & Solanki, D. (October, 2023). Field testing of multimedia CD on value-addition of mango for its comprehension by rural women. *Gujarat Agricultural Universities Journal*, 48(4), 280-286.
8. Yadav S., and **Manju** (2023). Participation and Role of Women in Dairy Farming, Jaipur district, Rajasthan. *Sustainability, Agri, Food and Environmental Research*, 11(1). <https://doi.org/10.7770/safer-V11N1-art2628>

#### Research paper review:

- Reviewed a manuscript for European Journal of Nutrition & Food Safety on 13.02.2025. Validation Link: <https://dashboard.peerreviewcentral.com>, Username: [Manjuch059@gmail.com](mailto:Manjuch059@gmail.com), Password: lzfRlPkcCbRK
- Reviewed a manuscript for Asian Journal of Advanced Research and Reports on 26.02.2025. Validation Link: <https://dashboard.peerreviewcentral.com>, Username: [manjuch059@gmail.com](mailto:manjuch059@gmail.com), Password: RZ93SHvQEUIP
- Reviewed a manuscript for Asian Journal of Food Research and Nutrition on 12.04.2025 Validation Link: <https://reviewer.reviewerhub.org>, Username: [manjuch059@gmail.com](mailto:manjuch059@gmail.com), Password: 8GsLE8e58TGv
- Reviewed a manuscript for European Journal of Nutrition & Food Safety on 05.05.2025. Validation Link: <https://reviewer.reviewerhub.org> Username: [manjuch059@gmail.com](mailto:manjuch059@gmail.com), Password: eg932suvi6Vc

#### Book Chapters:

1. Dagar A., Chayal K., and **Manju**. (2023). Role of Women in Agriculture: Challenges and Coping Strategies in Agriculture.
2. **Manju**. (2020). India from MDGs to SDGs. *Sustainable Goals in Indian Context: Interventions and Schemes (Edited)*. Pp 1-10.
3. **Manju**. (2020). Promote Sustained, Inclusive and Sustainable Economic Growth, Full and Productive Employment and Decent Work for All. *Sustainable Goals in Indian Context: Interventions and Schemes (Edited)*. Pp 227-244.

#### Honors / Awards/Scholarships:

1. Qualified **ICAR –JRF (Ph.D.) (2021)** in Ph.D. (Extension Education and Communication Management) by achieving 2<sup>nd</sup> rank in ICAR-AIEEE-Ph.D-2020 Examination

2. Qualified **UGC-NET** June 2012 Examination for **Lectureship Eligibility** with **JRF**
3. Received University gold medal in **M.Sc. (Home Science Extension Education and Communication Management) 2007**, MPUAT, Udaipur.
4. Awarded National Talent Scholarship by ICAR in 2001 for securing 23<sup>rd</sup> rank in national level examination conducted for admission in agricultural universities.
5. Received Gargi Award by Government of Rajasthan in the year 2007

### **Research Project**

- UNICEF funded research project “Technical Support and Facilitation for Strengthening Community based Strategies for IYCN in district Baran” with total cost of Rs. 10.54 lac from August 2014 to May 2015

### **Personal**

Date of Birth: 01.07.1981

Place of Birth: Sikar, Rajasthan, India

Spouse: Mukesh Devanda

Children: Aavya Choudhary and Shauryan Devanda Choudhary